

Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	6	Kirsten de Baey	Haminkelner SV	TW20	1	0:26:08 (2)	1:22	1:06:33 (1)	0:54	0:37:46 (1)	2:12:45
2	34	Christine Terweiden	TV Goch	TW30	1	0:26:50 (3)	1:23	1:13:21 (4)	1:08	0:41:02 (3)	2:23:46
3	91	Kathrin Ernst	TriathlonTEAM TG Witten	TW40	1	0:32:42 (16)	1:31	1:13:26 (5)	1:05	0:40:30 (2)	2:29:16
4	51	Stefanie Schau	Allround-Triathlon Team Kleve	TW30	2	0:27:10 (4)	1:26	1:15:30 (10)	0:55	0:45:35 (5)	2:30:38
5	95	Gitti Thimm	TV Goch	TW40	2	0:27:46 (6)	1:34	1:18:07 (15)	1:07	0:44:45 (4)	2:33:21
6	32	Nina Arenskötter	Tri Finish Münster	TW30	3	0:27:37 (5)	1:58	1:12:55 (2)	1:22	0:51:34 (13)	2:35:28
7	19	Clara Gosebrink	SC Bayer 05 Uerdingen	TW30	4	0:29:12 (8)	2:10	1:13:47 (6)	1:09	0:49:12 (11)	2:35:32
8	467	Steffi Meyers	M.Gladbacher TV 1848 e.V.	TW50	1	0:29:21 (9)	1:23	1:13:52 (7)	1:24	0:50:36 (12)	2:36:37
9	47	Vanessa Theisen	Allround Triathlon Team Kleve	TW30	5	0:33:31 (17)	2:02	1:16:55 (11)	1:24	0:46:08 (7)	2:40:03
10	111	Ingrid van der Elst	Allround Triathlon Team Kleve	TW50	2	0:28:45 (7)	2:19	1:13:54 (8)	1:18	0:54:05 (19)	2:40:22
11	36	Anke Knieling-Zimmer	TuS Wengern 1879 e. V.	TW30	6	0:25:22 (1)	2:06	1:17:19 (12)	1:17	0:57:15 (25)	2:43:22
12	109	Martina Gaspercic	ASV Duisburg	TW50	3	0:30:16 (12)	3:05	1:23:06 (22)	1:59	0:46:08 (6)	2:44:35
13	3	Jule Stang	TV Goch 1883	TW20	2	0:29:45 (11)	1:44	1:19:58 (19)	1:17	0:53:03 (16)	2:45:49
14	72	Andrea Hooss	Triathlon Team TG Witten	TW40	3	0:29:28 (10)	2:43	1:18:08 (16)	2:09	0:53:34 (18)	2:46:04
15	75	Heike Holtappel	Allround Triathlon Team Kleve	TW40	4	0:38:02 (25)	3:16	1:17:45 (13)	1:14	0:47:46 (8)	2:48:06
16	88	Martina Bruns		TW40	5	0:36:16 (23)	3:23	1:15:11 (9)	1:29	0:54:07 (20)	2:50:29
17	4	Kerstin Schulz	Tri-Team TV Schiefbahn	TW20	3	0:34:49 (20)	3:26	1:13:07 (3)	1:36	0:57:59 (28)	2:50:58
18	9	Marina Arendt	SV Gladbeck 13	TW20	4	0:34:46 (19)	2:10	1:18:03 (14)	1:12	0:56:00 (22)	2:52:13
19	53	Anke Schnitzler		TW40	6	0:31:46 (15)	2:25	1:22:15 (20)	1:15	0:55:12 (21)	2:52:55
20	10	Nina Haverkamp	SC Bayer 05 Uerdingen	TW20	5	0:30:49 (13)	2:15	1:30:45 (30)	0:57	0:48:22 (9)	2:53:10
21	12	Marita Segin		TW20	6	0:34:49 (21)	2:40	1:18:40 (17)	1:24	0:58:44 (29)	2:56:19
22	45	Annika Löwe	Eintracht Frankfurt	TW30	7	0:36:35 (24)	3:56	1:22:57 (21)	2:28	0:53:13 (17)	2:59:10
23	125	Marleen Robbemont	Allround Triathlon Team Kleve	TW50	4	0:38:47 (27)	2:52	1:23:17 (24)	1:55	0:52:53 (14)	2:59:46
24	106	Doris Zachow	TSG Kirchhellen	TW50	5	0:41:17 (31)	4:10	1:23:53 (25)	1:56	0:48:57 (10)	3:00:15
25	126	Simone van Treeck	DJK Coesfeld	TW50	6	0:35:57 (22)	3:55	1:18:56 (18)	2:28	0:59:04 (30)	3:00:21
26	56	Bettina Graeff	TriathlonTEAM TG Witten	TW40	7	0:31:36 (14)	4:07	1:26:02 (28)	1:55	0:56:43 (24)	3:00:24
27	8	Verena Mette	Triathlon Team TG Witten	TW20	7	0:33:46 (18)	2:37	1:26:32 (29)	2:09	0:57:48 (26)	3:02:54
28	134	Petra Kaiser	TV Jahn Hiesfeld	TW50	7	0:38:56 (28)	3:53	1:24:07 (26)	2:10	0:56:29 (23)	3:05:38
29	128	Martina Salawarda	Marathon Dinslaken	TW50	8	0:38:29 (26)	4:12	1:23:12 (23)	2:19	0:57:53 (27)	3:06:06

Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
30	86	Nicole d'Hone	Triathlon Team TG Witten	TW40	8	0:40:00 (30)	3:24	1:25:18 (27)	2:05	0:59:51 (31)	3:10:39
31	117	Gaby Köhn	Running Friends Bedburg	TW50	9	0:45:57 (32)	6:35	1:33:04 (31)	3:03	0:53:01 (15)	3:21:43
32	49	Alexandra Donath	TSV Hochdahl	TW30	8	0:39:01 (29)	2:49	1:33:16 (32)	2:48	1:13:24 (32)	3:31:20

Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	25	Jens Gosebrink	SC Bayer 05 Uerdingen	TM30	1	0:20:15 (1)	1:03	1:02:26 (3)	0:43	0:35:45 (2)	2:00:14
2	69	Alexander Janitzki	Bocholter WSV	TM40	1	0:20:19 (2)	1:03	1:01:35 (1)	0:55	0:37:24 (4)	2:01:17
3	458	Till Schaefer	PV Triathlon Witten	TM30	2	0:21:40 (4)	1:03	1:02:18 (2)	1:04	0:36:17 (3)	2:02:23
4	1	Sebastian J.M. Dr. Longrée	SVD Tria Essen	TM40	2	0:21:39 (3)	1:03	1:03:37 (6)	0:59	0:38:17 (7)	2:05:38
5	59	Stephan Theisen	Allround Triathlon Team Kleve	TM40	3	0:22:07 (5)	1:01	1:05:13 (12)	0:56	0:39:36 (11)	2:08:55
6	462	Jannik Feder	Wasser + Freizeit Münster	MJUN	1	0:24:08 (7)	1:08	1:06:00 (14)	0:50	0:37:28 (5)	2:09:36
7	24	Steffen Beury		TM30	3	0:25:32 (12)	1:29	1:03:10 (4)	1:13	0:38:23 (8)	2:09:48
8	28	Martin van Laak	ASV Köln Triathlon	TM30	4	0:25:25 (11)	1:15	1:03:17 (5)	0:55	0:40:01 (13)	2:10:55
9	20	Dennis Krüll	Team Erdinger Alkoholfrei	TM30	5	0:26:01 (13)	1:44	1:04:54 (10)	0:59	0:37:48 (6)	2:11:26
10	466	Ralf Laermann	TV1848	TM50	1	0:25:01 (8)	1:09	1:07:02 (21)	0:51	0:39:26 (10)	2:13:31
11	55	Daniel Franze	TSV Bocholt	TM40	4	0:26:44 (16)	1:30	1:04:10 (9)	0:57	0:40:22 (15)	2:13:44
12	454	Henning von Poser	Triathlon Team Ratingen 08	TM50	2	0:27:04 (22)	1:36	1:04:09 (8)	1:04	0:40:19 (14)	2:14:13
13	29	Jos Kwakkenbos		TM30	6	0:27:46 (31)	2:01	1:06:38 (18)	1:02	0:41:19 (19)	2:18:48
14	457	Stephan Stolecki	Tri-Geckos Dortmund	TM40	5	0:28:49 (38)	1:40	1:08:12 (25)	1:07	0:39:04 (9)	2:18:55
15	60	Christoph Knebel	Mercedes Herbrand	TM40	6	0:29:39 (47)	1:38	1:06:25 (17)	0:55	0:40:58 (17)	2:19:37
16	101	Bernd Depenbrock	ASV Ellewick	TM40	7	0:29:16 (44)	1:43	1:05:25 (13)	1:06	0:43:04 (23)	2:20:36
17	115	Klemens Stang		TM50	3	0:28:59 (41)	1:31	1:03:56 (7)	1:07	0:45:57 (43)	2:21:32
18	465	Marco Bögge	VSK Osterholz Triathlon	TM40	8	0:27:45 (30)	1:29	1:06:25 (16)	1:39	0:44:40 (30)	2:21:59
19	23	Sebastian Schill	Duisburger Schwimmverein 1898 e.V.	TM30	7	0:26:45 (17)	3:26	1:06:49 (20)	1:26	0:43:50 (27)	2:22:17
20	64	Maros Mraz	Bike & Run team RS	TM40	9	0:28:11 (34)	3:06	1:09:28 (29)	1:03	0:41:29 (21)	2:23:18
21	81	Joachim Klein	StepChange	TM40	10	0:27:37 (27)	1:57	1:08:10 (24)	1:32	0:45:05 (36)	2:24:21

Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
22	87	Andreas Altieri		TM40	11	0:28:25 (36)	1:59	1:06:12 (15)	1:14	0:46:57 (49)	2:24:48
23	461	Oliver Magdziarz	LDT Bochum	TM40	12	0:28:38 (37)	2:00	1:07:18 (22)	2:22	0:45:07 (37)	2:25:27
24	58	Mark Kupferschmitt	Mack Team SF Dornstadt	TM40	13	0:30:29 (56)	1:35	1:09:41 (30)	0:30	0:43:33 (26)	2:25:49
25	37	Sebastian Verhoef	Blau Weiss Köln	TM30	8	0:26:45 (18)	2:12	1:12:33 (47)	1:23	0:43:17 (25)	2:26:13
26	118	Stefan Schäpers	Bocholter WSV	TM50	4	0:30:37 (57)	2:41	1:11:22 (40)	1:45	0:39:53 (12)	2:26:19
27	57	Bjoern Kochanski	TriTrain	TM40	14	0:27:03 (21)	1:29	1:09:43 (31)	1:56	0:46:10 (45)	2:26:23
28	99	Frank Urbanowski	SV Gladbeck 13	TM40	15	0:29:13 (43)	2:21	1:12:51 (48)	1:18	0:40:50 (16)	2:26:34
29	463	Gero Birkenfeld	SV Bayer Uerdingen 08 e.V.	TM40	16	0:26:07 (14)	2:12	1:05:11 (11)	1:15	0:51:57 (84)	2:26:45
30	11	Jan Bolz		TM20	1	0:31:22 (62)	2:01	1:10:04 (34)	1:05	0:42:19 (22)	2:26:53
31	464	Berthold Prott	Tri Team Selm	TM40	17	0:27:56 (32)	2:07	1:10:31 (36)	1:18	0:45:14 (38)	2:27:08
32	46	Marc Zimmer	TuS Wengern 1879 e. V.	TM30	9	0:30:24 (55)	2:03	1:07:44 (23)	1:49	0:45:41 (41)	2:27:43
33	15	Gerhard Schertzinger	LT Starlight Team Essen	TM30	10	0:27:30 (24)	1:34	1:13:41 (56)	0:41	0:45:04 (35)	2:28:32
34	132	Jürgen Wehren	Allround Triathlon Team Kleve	TM50	5	0:29:23 (46)	2:49	1:11:42 (41)	1:04	0:43:52 (28)	2:28:53
35	459	Ralf Fichtner	LDT Bochum	TM50	6	0:27:40 (28)	3:15	1:15:37 (66)	2:16	0:41:12 (18)	2:30:02
36	48	Sven Kersten	Team Erdinger Alkoholfrei	TM30	11	0:26:52 (19)	2:50	1:10:56 (38)	1:35	0:47:55 (59)	2:30:10
37	119	Peter Glotz	AS Neukirchen-Vluyn	TM50	7	0:28:54 (39)	1:59	1:09:25 (28)	1:34	0:48:16 (60)	2:30:11
38	71	Thomas Hessmann		TM30	12	0:25:17 (10)	2:25	1:10:30 (35)	1:54	0:50:11 (74)	2:30:19
39	82	Patrick Schaub	SV Gladbeck 13	TM40	18	0:32:02 (68)	2:39	1:09:49 (32)	1:55	0:44:42 (31)	2:31:09
40	129	Stephan Jakobs	Tus Immenstaad	TM50	8	0:29:08 (42)	2:14	1:09:07 (26)	3:42	0:47:17 (55)	2:31:30
41	94	Udo Depenbrock	ASV Ellewick	TM40	19	0:31:02 (59)	2:12	1:10:57 (39)	1:18	0:46:04 (44)	2:31:36
42	131	Jörn Stratmann	TriathlonTEAM TG Witten	TM50	9	0:38:45 (95)	4:50	1:28:28 (101)	2:48	0:16:56 (1)	2:31:48
43	21	Martin Mücher		TM30	13	0:31:15 (61)	2:53	1:12:03 (45)	1:18	0:44:21 (29)	2:31:52
44	133	Roland Strich	Hildener AT Triathlon	TM50	10	0:31:42 (63)	2:18	1:06:42 (19)	2:32	0:48:39 (64)	2:31:55
45	456	Hendrik Vorreiter	Marathon Ibbenbüren	TM20	2	0:27:43 (29)	2:09	1:11:45 (42)	1:21	0:49:13 (67)	2:32:12
46	67	Matthias Winse	BSG Springorum	TM40	20	0:31:09 (60)	3:27	1:15:09 (62)	1:38	0:41:22 (20)	2:32:47
47	13	Marius Tacke	TV Goch	TM20	3	0:26:54 (20)	1:46	1:18:49 (85)	1:06	0:44:52 (32)	2:33:29
48	93	Frank Reininghaus	SV Gladbeck 13	TM40	21	0:29:44 (48)	2:05	1:13:26 (51)	1:13	0:47:23 (57)	2:33:52
49	120	Johannes Eerden	TV Goch	TM50	11	0:27:33 (25)	1:47	1:16:09 (71)	1:10	0:47:16 (54)	2:33:56
50	79	Volker Reininghaus	SV Gladbeck 13	TM40	22	0:25:04 (9)	2:10	1:15:34 (65)	2:04	0:49:29 (70)	2:34:23

Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
51	455	Stefan Ostendorf	Sv Teuto Riesenbeck	TM20	4	0:28:16 (35)	1:38	1:10:44 (37)	1:01	0:54:11 (89)	2:35:51
52	73	Marco Sinjou	TV Goch	TM40	23	0:31:44 (64)	2:12	1:13:20 (50)	1:48	0:47:09 (52)	2:36:15
53	136	Bernd Mevenkamp	DJK Coesfeld	TM50	12	0:27:56 (33)	1:36	1:16:28 (72)	1:55	0:48:30 (61)	2:36:27
54	100	Michael Janssen	SV Nordwacht Keeken	TM40	24	0:34:56 (81)	3:07	1:14:06 (57)	1:38	0:43:11 (24)	2:36:59
55	52	Leiendecker Christian	Freie Schwimmer Düsseldorf	TM30	14	0:32:41 (73)	1:50	1:11:57 (44)	1:19	0:49:27 (69)	2:37:17
56	74	Frank Pesch		TM40	25	0:27:18 (23)	2:32	1:15:13 (63)	1:43	0:50:44 (79)	2:37:31
57	468	Johannes Kufeld	SuS Darne	TM30	15	0:28:55 (40)	3:12	1:17:02 (76)	1:27	0:47:03 (50)	2:37:41
58	124	Frank Philipp	TuS Drevenack	TM50	13	0:26:22 (15)	2:42	1:18:06 (81)	2:29	0:48:36 (63)	2:38:16
59	84	Ralf Schneider		TM40	26	0:31:50 (66)	4:00	1:15:21 (64)	2:11	0:45:25 (39)	2:38:48
60	107	Guido Nägler		TM50	14	0:32:33 (72)	3:28	1:14:27 (58)	2:10	0:46:26 (47)	2:39:07
61	85	Michael Chudy	Triathlon Team TG Witten	TM40	27	0:29:48 (50)	2:25	1:14:59 (59)	2:06	0:49:59 (73)	2:39:19
62	77	Johannes Kammann	Allround Triathlon Team Kleve	TM40	28	0:32:23 (71)	1:58	1:17:34 (79)	1:20	0:46:13 (46)	2:39:30
63	54	Vavrošek Cyril		TM40	29	0:36:27 (86)	3:26	1:13:01 (49)	1:42	0:44:59 (34)	2:39:37
64	66	Jan Rieke	Freie Schwimmer Düsseldorf	TM40	30	0:34:48 (79)	2:31	1:09:15 (27)	1:36	0:51:46 (83)	2:39:59
65	38	Björn Eicker		TM30	16	0:32:46 (74)	3:04	1:13:38 (55)	1:10	0:50:36 (75)	2:41:16
66	65	lars zienow		TM40	31	0:36:57 (88)	2:21	1:13:28 (53)	1:45	0:47:04 (51)	2:41:37
67	130	Georg Schulz	Tri-Team TV Schiefbahn	TM50	15	0:29:59 (51)	3:22	1:10:04 (33)	2:50	0:55:23 (92)	2:41:39
68	137	Bernhard Reulecke	VT Triangel Kempen	TM60	1	0:32:07 (69)	2:11	1:11:51 (43)	1:25	0:54:31 (90)	2:42:07
69	97	Michael Maas	Hamminkelner SV	TM40	32	0:34:05 (77)	1:58	1:13:35 (54)	1:52	0:50:44 (78)	2:42:15
70	105	Andreas d'Hone-Leimbach	Triathlon Team TG Witten	TM50	16	0:34:31 (78)	2:22	1:12:31 (46)	1:27	0:51:27 (82)	2:42:20
71	80	Andreas Mantler		TM40	33	0:30:49 (58)	3:20	1:19:52 (87)	1:30	0:47:19 (56)	2:42:51
72	27	Thilo Mannaße		TM30	17	0:36:59 (89)	2:38	1:13:26 (52)	0:56	0:49:00 (66)	2:42:59
73	135	Ralph Dürre	TSV Bayer 04 Leverkusen	TM50	17	0:29:19 (45)	3:02	1:17:10 (78)	2:32	0:51:09 (80)	2:43:15
74	102	Steffen Brillat	SV Gladbeck 13	TM50	18	0:31:58 (67)	2:41	1:16:44 (74)	1:44	0:50:37 (76)	2:43:45
75	113	Volker Helmberg	Saarner Kämpfer	TM50	19	0:35:14 (83)	3:39	1:18:12 (82)	2:09	0:44:55 (33)	2:44:10
76	110	Stefan Flintrop	Weseler TV Triathlon	TM50	20	0:31:46 (65)	2:02	1:15:08 (61)	6:35	0:49:26 (68)	2:44:59
77	83	Carsten Nowak	Weseler TV Triathlon	TM40	34	0:32:10 (70)	2:54	1:15:40 (67)	1:39	0:52:44 (85)	2:45:09
78	96	Detlef Bosse	real,- Runner	TM40	35	0:34:55 (80)	2:08	1:20:16 (88)	1:35	0:46:28 (48)	2:45:24
79	22	Christoph Steinke		TM30	18	0:39:03 (96)	4:30	1:15:07 (60)	1:41	0:45:41 (40)	2:46:04

Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
80	26	Alexander Cernys	TV Goch	TM30	19	0:33:12 (75)	3:11	1:19:15 (86)	3:02	0:47:42 (58)	2:46:23
81	123	Dieter Perau	running veg. Kevelaer	TM50	21	0:35:22 (84)	4:20	1:18:04 (80)	2:16	0:47:16 (53)	2:47:20
82	50	Kai Sprenger	Triathlon Mülheim	TM30	20	0:37:32 (93)	3:09	1:15:41 (68)	1:46	0:49:49 (71)	2:48:00
83	30	Stefan Kurpierz	Triathlon Team TG Witten	TM30	21	0:35:02 (82)	2:23	1:18:49 (83)	1:14	0:51:27 (81)	2:48:57
84	43	Daniel Schneider		TM30	22	0:38:04 (94)	3:35	1:17:04 (77)	2:25	0:48:40 (65)	2:49:50
85	31	Tobias Schneider		TM30	23	0:39:33 (98)	2:51	1:16:35 (73)	1:42	0:49:55 (72)	2:50:38
86	104	Michael Söllner	ohne	TM50	22	0:30:16 (54)	4:59	1:21:52 (92)	3:45	0:50:38 (77)	2:51:32
87	89	Karsten Rohn	Dülkener SV	TM40	36	0:41:11 (101)	2:35	1:20:35 (89)	1:36	0:45:56 (42)	2:51:54
88	39	Michael Hassler		TM30	24	0:35:27 (85)	3:17	1:15:59 (69)	1:29	0:56:11 (94)	2:52:25
89	41	Malte Hassold	Team Erdinger Alkoholfrei	TM30	25	0:30:11 (53)	2:25	1:21:57 (93)	2:28	0:55:52 (93)	2:52:55
90	16	Thomas van Zadelhoff		TM30	26	0:29:59 (52)	3:55	1:24:31 (97)	2:29	0:53:28 (88)	2:54:24
91	62	Michael Mühlberg	Mach3 Köln e.V.	TM40	37	0:33:17 (76)	3:04	1:21:28 (90)	1:51	0:55:06 (91)	2:54:48
92	42	Stefan Fritz	AS Kleve	TM30	27	0:27:35 (26)	3:52	1:16:58 (75)	2:05	1:05:10 (102)	2:55:42
93	70	Markus van Laak		TM40	38	0:36:50 (87)	3:26	1:21:42 (91)	1:39	0:52:58 (86)	2:56:36
94	61	Andreas Engels		TM40	39	0:39:24 (97)	5:11	1:22:07 (94)	1:44	0:48:35 (62)	2:57:03
95	103	Bernd Sures		TM50	23	0:29:47 (49)	3:17	1:23:15 (96)	2:38	0:58:15 (97)	2:57:14
96	98	Mars Marcel	NTB	TM40	40	0:37:00 (90)	3:38	1:18:49 (84)	1:24	1:01:44 (100)	3:02:37
97	35	Michael Schneider	#tri for a better world	TM30	28	0:40:46 (100)	4:29	1:16:01 (70)	2:07	0:59:15 (99)	3:02:39
98	460	Kai Gewehr	LDT Bochum	TM50	24	0:37:13 (91)	3:57	1:25:21 (98)	1:55	0:57:45 (95)	3:06:12
99	114	Andreas Strate	Triathlon TEAM TG Witten	TM50	25	0:37:18 (92)	3:03	1:22:41 (95)	1:56	1:03:57 (101)	3:08:58
100	14	Kevin Stehler	SV Gladbeck 13	TM30	29	0:40:41 (99)	3:16	1:25:52 (99)	2:34	0:58:15 (98)	3:10:39
101	116	Josef Bickendorf	Running Friends Bedburg	TM50	26	0:45:57 (103)	6:34	1:33:03 (103)	3:06	0:53:02 (87)	3:21:43
102	139	Peter Kirberich	Dülkener SV	TM60	2	0:46:49 (104)	6:12	1:28:01 (100)	4:04	0:57:53 (96)	3:23:01
103	68	Joerg Molketin	OSV Meerbusch	TM40	41	0:42:09 (102)	3:30	1:32:33 (102)	2:36	1:08:21 (103)	3:29:11
DNF	33	Daniel Schürmann	TriForce Vital Remscheid	TM30		0:23:46 (6)	1:01	()		()	